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Charlevoix
County News

November 1, 2018

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BackRow - (Left to Right): Matthew Malpass (EJ), James Malpass (EJ), Dave Heeres (Antrim County), Andrew Malpass (EJ); Triston Cole (State Representative), Andy Hayes (Northern Lakes Economic Alliance), Karen Berglund (Michigan Economic Development Corporation), Wayne Schmidt (State Senator), Brandon Fewins (on behalf of Senator Debbie Stabenow). **FrontRow** (Left to Right): Lindsey Malpass-Skop (EJ), Martin Frankowiak (Warner Township), Tracy Malpass (EJ), Fred Malpass (EJ), Tad Malpass (EJ), Jack Bergman (US Congressman), Tom Teske (EJ), Suzi Porter (EJ), Dawn Lavanway (Antrim County). COURTESY PHOTO

New EJ manufacturing plant holds open house event

EJ, a global leader in the design, manufacture, and distribution of access solutions for water, sewer, drainage, telecommunications and utility networks, hosted a private open house for its new, state-of-the-art, greenfield foundry in Warner Township, near Elmira, Michigan on Thursday, October 25th. Located near the intersection of M-32 and US-131, the new manufacturing operation will allow EJ, previously known as East Jordan Iron Works, Inc., to remain competitive, grow the business, and retain 340 jobs in Northern Michigan.

The 200-acre site in Warner Township has been under construction since February of 2017, and will begin production in November. The new foundry is just 14 miles from their current manufacturing facility in East Jordan. EJ is proud to continue to keep manufacturing in Northern Michigan and to be able to retain employment. "In just a few weeks, the foundry will be in production, producing some of the highest quality infrastructure access solutions in the world," stated Tracy Malpass, President of EJ. "This facility is the single largest

investment undertaken by our company." After conclusion of the ceremony, attendees were provided a tour of the facility. Additionally, throughout the weekend, over 1200 EJ retirees, employees and family members will get a first-hand look at the facility. Tom Teske, Vice President and General Manager of EJ concluded, "On behalf of the employees and our valued customers, we thank the shareholders for their reinvestment in the company, which will service us well in the long-term."

The open house ceremony was attended by fourth, fifth, and sixth generation members of the Malpass family, as well as many state and local dignitaries, which included US Congressman Jack Bergman, State Representative Tristan Cole, State Senator Wayne Schmidt, and Brandon Fewins on behalf of US Senator Debbie Stabenow. EJ continues to be 100% owned by descendants of William E. Malpass, and members of the family continue to be active in managing the business.



Clocks "Fall Back" November 4

BY JIM AKANS

At least it's easy to remember which way to turn the clock; as "fall back" and "spring forward" have become semi-annual catch phrases that give some direction to the process when Daylight Savings Time begins each spring and ends every fall. What's not always easy to remember is which Sunday morning in the spring and fall mark that transition.

Well here is the reminder you may have been waiting for. Early Sunday morning, at 2am on November 4, Daylight Savings time for 2018 will officially end as millions upon millions of clocks across the country slip back one full hour to accurately reflect this annual event.

Daylight Savings Time has been touted as a crime deterrent, a reducer of vehicle accidents, and energy conserving practice, even a means of increasing voter turnout...yet the statistics in support of those benefits hasn't exactly held up since it's official inception over forty years ago. Residents of Arizona and Hawaii don't bother with DST at all, and it is a concept avoided in several continents and countries across the globe, including Asia, most of Africa, and about half of South America.

The primary drawback is the effect on our bodies. During the initial days and weeks following the spin of the clock many people struggle to get their internal body clocks readjusted with the digital ones. Patterns of irregular sleep, missed appointments (forgot to reset that clock, didn't you?), and that general fuzzy feeling of not being quite in sync with the light of day will gradually dissipate in the coming weeks.

Don't get too set in that new routine, however, Daylight Savings Time will return about the time spring begins to look like a possibility; Sunday morning March 10, 2019.

So don't forget to set your clocks back an hour before going to bed this Saturday evening, and enjoy that extra hour of well-deserved rest.

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weather

THURSDAY



HIGH: 45
LOW: 33

FRIDAY



HIGH: 43
LOW: 33

SATURDAY



HIGH: 40
LOW: 31

SUNDAY



HIGH: 45
LOW: 42

MONDAY



HIGH: 48
LOW: 42

TUESDAY



HIGH: 52
LOW: 41

WEDNESDAY



HIGH: 44
LOW: 35

record temps

DAY	AVG	LOW	AVG	HIGH	RECORD LOW	RECORD HIGH
NOV 1	...33°	...52°	...21°	(1976)	..75°	(1990)
NOV 2	...32°	...52°	...19°	(1951)	..75°	(1990)
NOV 3	...32°	...51°	...10°	(1951)	..74°	(1961)
NOV 4	...32°	...51°	...14°	(1951)	..73°	(1964)
NOV 5	...32°	...50°	...13°	(1966)	..71°	(1978)
NOV 6	...31°	...50°	...-1°	(1951)	..72°	(1975)
NOV 7	...31°	...49°	...11°	(1992)	..70°	(1975)
NOV 8	...31°	...49°	...15°	(1967)	..64°	(1986)
NOV 9	...30°	...48°	...17°	(1991)	..71°	(1999)
NOV 10	...30°	...47°	...16°	(1980)	..71°	(1999)

Joyce M. Bedore, 75

(DEC. 08, 1942 - OCT. 26, 2018)



Joyce M. Bedore of Ellsworth died Saturday, October 27, 2018 at her home.

She was born December 8, 1942 in Detroit to Van and Virginia (Legret) Ryskewicz.

On February 11, 1967 she married Edward Bedore Jr in Highland Park, Michigan. They lived in Fraser and moved to Ellsworth in 2006.

Joyce and Jim owned and operated "The Odd Ball" surplus store in Detroit for 10 years. Joyce was a cashier at Target in Clinton Township for 17 years.

Joyce attended Eastport Baptist Church. She enjoyed going to the casino, movies and going out to eat. She loved her grandchildren and her puppies.

Surviving are her husband Jim; children Nicholas (Michelle) Bedore of Santa Clarita, Calif., Debra Molaroni of Aiken, S.C., Julie (Matt) Ursitti of New Baltimore, Mich., and Michelle Bedore of San Tan Valley, Ariz.; 10 grandchildren; 2 great-grandchildren; siblings Roberta (Mark) Boyd of Grosse Pointe, Mich., Michael Ryskewicz of St. Clair Shores, Mich., Dennis (Joann) Ryskewicz of De-

troit. She was preceded in death by her parents, brother Ronald Ryskewicz, sisters Nancy Stanisky and Linda Krzysztalow.

A memorial service will be held Thursday, November 1, 2018 at 1 p.m. at Hastings Funeral Home in Ellsworth with the Rev. Jerry Troyer officiating. www.hastingsfuneral.com.

Lucille Ione Hersha, 75

(AUG. 14, 1943 - OCT. 26, 2018)

Lucille I. Hersha of Newberry died Friday, October 26, 2018 in Ellsworth.

She was born August 14, 1943 in Boyne City to Racil and Olive (Hubble) Mapes.

On November 14, 1964 she married Raymond Hersha in East Jordan. They lived in Ellsworth before moving to Newberry in 1975.

Lucille worked at Morweld Steel Corporation in Ellsworth. She loved her family, especially her grandkids, and enjoyed camping, shooting black powder guns and traveling. She also enjoyed auctions, antiques, flea markets and yard sales.

Surviving are her husband Raymond; children William (Donna) Hersha of Corunna and Chester Hersha of Levering; grandchildren Billy Jr., Wrayann, Cassie, Marcus, Devin, C.J., Ashantia and Kelly; great-grandchildren Cambria, Alaina and Jaxin; a sister Betty Mapes of Boyne City and brother Harold (Jane) Mapes of Boyne City. She was preceded in death by an infant

son Raymond Hersha, her parents, her sister Dawn Batz and her brother Racil Mapes.

No services are planned at this time. The family was served by Hastings Funeral Home in Ellsworth, online at www.hastingsfuneral.com.

Inez H. (Slater) Melvin, 87

(OCT. 22, 1931 - OCT. 23, 2018)

Inez H. Melvin (Slater) of Wildwood Florida and Boyne Falls MI, died unexpectedly on Tuesday, October 23rd, 2018. Inez was born in Bay City MI, the daughter of Will and Fern Slater. Inez was one of nine children. She was the last of the original Slaters.

She married Kay Russell Melvin on December 12, 1953 after being high school sweethearts. Together they raised three children, Craig, Terri and Brian. They have remained in love for almost 65 years of marriage.

In high school at Bay City Central, she lettered in sports. Even though she was short in stature, she was feisty-she lettered in Basketball.

She held a Bachelor of Arts and Master's degree in education from Central Michigan University. Inez loved being a teacher and taught for 28 years in the Bay County and Midland Public School systems. Her last teaching assignment was 3rd grade at Woodcrest Elementary where she formed lifelong friendships and was involved in many volunteer efforts.

Inez made a point to be involved in church communities in Florida and Michigan. She worked tirelessly for those less fortunate through many different programs and teams including gardening, clothing drives and serving meals.

Inez loved being outside and helping others. She sewed hundreds of custom pillow cases for both ill children in hospitals, as well as adult pillow cases for adults with long-term illnesses and hospice patients. An avid and talented quilter, she has made incredibly beautiful quilts for all her grandchildren. And could she bake! When family visited, she baked more cookies, pies, cakes and brownies than we could eat. And they were all delicious! Many of her recipes have been passed from generation to generation.

She was quick with a smile and sharing a shoulder with any friend who needed it. She was humble and kind. Those who knew her, knew they were loved and could count on her. She always placed others before herself. She made fast friends with any she met and made true lifelong friendships with women from Woodcrest and here on Lake Louise. She loved her family and dogs above all else.

It was true love when she met and married Kay. It is not often that people stay together for a lifetime, but rarer still that they stay in love for a lifetime. You immediately knew these two were deeply in love by the way they looked at each other, cared for each other, held hands while walking. A truer partnership and commitment to love is seldom found but, found a home with Inez

and Kay.

Inez survived by her husband Kay, daughter Terri (Scott), son Brian (Gabriella), daughter in law Kim, and her grandchildren Katie, (Cody), Daniel, Ryan, Nicholas, and Logan. Inez was preceded in death by her 8 siblings and her son Craig.

The world is a bit darker without her, and heaven truly gained an angel with her passing.

Services were held Sunday, October 28, 2018 at Lake Louise Community Retreat Center in Boyne Falls.

Flowers can be sent to 883 South Birch Circle, Boyne Falls MI 49713.

If you prefer, a remembrance donation may be made to the following chosen charities: the American Heart Association or St Jude's Children's Hospital.

Ray Henry Sloop, 92

(NOV. 4, 1925 - OCT. 29, 2018)

Ray Henry Sloop of East Jordan died Monday, October 29, 2018, in Charlevoix.

No services are scheduled at this time.

Edward A Pitcher, 80

(OCT. 22, 1938 - OCT. 28, 2018)

Edward A. Pitcher of Charlevoix passed away on October 28, 2018 at Boulder Park Terrace.

No services are planned at this time.

Arrangements are being handled by the Winchester Chapel of Mortensen Funeral Homes.

Mary A Patton, 75

(JULY 6, 1943 - OCT. 27, 2018)



Mary Agnes Patton of Boyne Falls died Saturday, October 27, 2018 from Alzheimer's at The Hiland Cottage in Petoskey.

Mary was born in Ironton, Ohio July 6, 1943 to Arlis Benton McCall and Virginia Ruth Womack.

Mary was married to her husband Willard Eugene Patton for 51 years.

She leaves behind 4 children Dana Patton of Boyne Falls, Willard Patton II (Mary) of East Jordan, Jason Patton (Laura) of Pellston, Jenny Anthony (Bud Radle) of Elmira, 8 grandchildren, 7 great grandchildren, and 8 siblings; Butch McCall (Kay), Larry Loper (Barb), Brenda Chanda (Jim), Rita Bennett (Brian), Barry Loper (Sandy), Gary Loper (Linda), Monty "Dee" Loper (Lisa), and Rodney Loper (Diana). Mary was preceded in death by her husband Willard Patton, her parents Arlis McCall and Virginia Wynsma, her sisters Candice Loper, Melody Nettles, and son-in-law Dan Anthony.

Mary loved spending time with her family and friends visiting over coffee. She was famous for her apple pie, donuts and rhubarb pudding. Mary loved to crochet, read

and paint as she was very artistic. She was also known for her love of animals and enjoyed singing with her siblings. Mary's family was the center of her life especially her grand and great grandchildren.

Funeral services were held Tuesday, October 30 at the Central Lake Chapel of Mortensen Funeral Homes. Memorial donations can be made to McLaren Hospice Hiland Cottage or Alzheimer's Association.

Please sign her online guestbook, www.mortensenfuneralhomes.com.

Lucille Ouder Kirk, 87

(Feb. 18, 1931 - Oct. 26, 2018)

Lucille Ouder Kirk of Charlevoix passed away on October 26, 2018 at Boulder Park Terrace.

No services are planned at this time.

Arrangements are being handled by the Winchester Chapel of Mortensen Funeral Homes.

Lee Ann Gilbert, 79

(AUG. 2, 1939 - OCT. 25, 2018)



Lee Ann Gilbert of Bellaire died peacefully October 25, 2018 at her daughter's home.

She was born August 2, 1939 in Detroit, the daughter of William and Ethel (Calder) Cragg.

Lee Ann had a kind, compassionate soul. She was a member of the Bellaire Lioness and the First Congregational Church of Central Lake. She enjoyed playing golf, bridge and attending water aerobics. Lee Ann also enjoyed working in Real Estate.

After vacationing in Bellaire for years, she moved to Bellaire permanently in 1989. Together with her first husband Ronald Gilbert and her adult children, they bought and owned L & R Hardware for many years.

Surviving Lee Ann is her son David Gilbert and daughter Lori (Rob) Silk all of Bellaire, 4 grandchildren, 3 great grandchildren, sister Margaret Simmons of Arizona, and second husband Richard Thie of Williamsburg. She was preceded in death by her first husband of 48 years, Ronald Gilbert in 2006, and son William Mark Gilbert in 2013.

A memorial service will be held Friday, November 2, at 11 a.m. at the First Congregational Church in Central Lake with Pastor Gary Bekkering officiating. Memorial contributions can be made to her beloved church, First Congregational Church of Central Lake (FCC), Po Box 326, Central Lake, MI 49622 or Hospice of Michigan.

Arrangements have been handled by the Bellaire Chapel of Mortensen Funeral Homes. Please sign her online guestbook

www.mortensenfuneralhomes.com.

Patricia J. Whitley, 82

(FEB. 10, 1936 - OCT. 25, 2018)



Patricia J. Whitley of Charlevoix passed away on October 25, 2018 at Munson Healthcare Charlevoix Hospital.

Patricia was born on February 10, 1936 in Northport to the late John A. and Bertha O. (Hubbel) Clausen. She retired from Oleson's Food Market after 25 years of dedicated service. Patricia loved spending time with her grandchildren, being outdoors, camping with her family, boating and quilting.

On July 21, 1956 in Charlevoix, Patricia married Stan Whitley who survives. She is also survived by her children, Joy (Greg) Greenman of East Jordan, Larry (Penny) Whitley of Charlevoix and Connie (Christopher) Siegmund of Charlevoix; grandchildren, Tina (Matt Nesbitt) Greenman, Adam (Kourtney) Greenman, Eric (Brittney Minzey) Greenman, April (Andrew Marsh, Tyler (Missy Buhro) Whitley, Sydney (Micah) Peebles, Chad (Victoria) Johnson, Maria Whitley; step grandchildren, Sarah (Michael) Martin, Stephen (Colleen) Beck, great grandchildren, Nathan, Myles, Alyvia, Amiyah, Kennedy, Lily, Corbin, Alexandra and Jordan; brother, Courtlan (Sandy) Clausen of East Jordan, sister, Mabel (Lester) Howard of Vanderbilt; brothers-in-law, Ken (Birdie) Whitley, Dave (Sandy) Whitley, sister-in-law, Elaine Budde and many nieces and nephews.

She was preceded in death by her parents, son, Aaron Whitley, granddaughter, Alisha Johnson, sisters, Anna May Clausen and Carol Wells.

Funeral service was held on Monday, October 29, 2018 at the Winchester Chapel of Mortensen Funeral Homes with Pastor Neil Tuner officiating. Visitation will be held from noon until the time of services. Private interment will take place at a later date in Brookside Cemetery.

Arrangements are being handled by the Winchester Chapel of Mortensen Funeral Homes. Online guestbook at www.mortensenfuneralhomes.com.

Alan C. Follette, 86

(DEC. 17, 1931 - OCT. 26, 2018)

Alan C. Follette of Boyne Falls passed away Friday, October 26, 2018 at McLaren Northern Michigan in Petoskey.

Service arrangements are pending and will follow soon.

Charlevoix County News

VOLUME 10 ISSUE 19

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News

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Boyne Business EXPO and Taste of Boyne draws 1,000 people

BY MICHELLE MEDJESKY

BOYNE FALLS - The 10th Annual Business Expo and Taste of Boyne landed soundly in success yet again this year with hundreds leaving the event with bags of swag and having made solid networking connections with dozens of businesses in the community.

Sponsored by the Boyne Area Chamber of Commerce, the 2018 Expo featured some 75 exhibitors. From car dealerships, banks and health care displays to lumber yards, grocery stores, radio stations and insurance agencies, it was a "one stop shopping" event showcasing nearly every type of business that exists in Charlevoix County and surrounding communities.

This year's Expo was held at Boyne Mountain Resort in Boyne Falls and presented by Boyne Boat Yard, a Van Dam Company.

The Expo ran in tandem with "Taste of Boyne" which 11 local restaurants, bars, breweries and distilleries participated in this year. The five dollar entry fee provided tastes from each presenter with a range of offerings like pulled pork, ribs, pizza, local brews and liqueurs. There was also a cash bar at the Expo for those who attended and most of the vendors offered free giveaways to those stopping by their booths.

New to the Expo this year were "mini workshops" where chamber member businesses were on hand to offer free advice on a myriad of topics like how to keep tabs on estate planning, investing in home ownership, how to hire and retain great employees or how to resolve conflict in the workplace, among others.

Chamber officials estimated some 1,000 area residents streamed through Boyne Mountain's Civic Center during the Expo, which was held from 3 p.m. to 7 p.m. Tuesday, October 30, which sponsors say is on par with attendance in prior years.



Boyne City Mayor Tom Neidhamer (center) is flanked by Richard Bouters, a manager at the Boyne City Airport and Barbara Young, during the 10th Annual Boyne Area Chamber of Commerce Business Expo at Boyne Mountain Resort earlier this week. PHOTO BY MICHELLE MEDJESKY



Dave Kring of Dave Kring Chevrolet Cadillac in Petoskey was among dozens of area businesses represented during the Boyne Area Chamber Business Expo at Boyne Mountain Resort. PHOTO BY MICHELLE MEDJESKY



Congressman Jack Bergman was shaking hands on the campaign trail at the Boyne Area Chamber Business Expo just a week before mid-term elections November 6. PHOTO BY MICHELLE MEDJESKY

STEAM Academy for Girls at Raven Hill

Since 1993, Raven Hill has offered a science/mathematics career expo for middle school students in Charlevoix and Emmet Counties. STEAM Academy for Girls (SAG) will enhance that career expo program, providing more in-depth explorations and connections between science, history and art in a variety of STEAM (Science Technology Engineering Artistry Mathematics) careers for elementary and middle school girls. The program is sponsored by the Hestia Circle of Giving, the Michigan Council for Arts and Cultural Affairs (MCACA) and the National Endowment for the Arts (NEA).

SAG will be limited to twenty girls per session and Raven Hill will encourage different participants for each monthly session. Girls can be put on a wait list, if there are open spaces. There will be five sessions from 10:00 am to noon on the second Saturday of November, December, February, March and May of the 2018-19 school year. The goal is to reach 100 girls. The sessions coincide with Raven

Hill's FREE Second Saturday program, so families are invited to stay after and enjoy the hands-on museum, animals and outdoor exhibits, when they come to pick up their girls at noon. Free second Saturday hours in November, December, February, March and May are from 10:30am to noon.

On the second Saturday in June 2019, Raven Hill will present SAG Awards to presenters and participants. Families will be invited to join in the celebration, encouraging them to support their daughters in STEAM careers.

STEAM Academy for Girls (SAG) participants will work with engineers & other professionals to explore various STEM and STEAM careers in a hands-on, minds-on way that will promote engineering and related fields as career options for girls by encouraging them to practice critical thinking and problem solving skills and imparting in them a sense of confidence to study STEM and STEAM subjects in high school.



Members of the East Jordan Area Chamber of Commerce Board & President/CEO and local realtors involved in the sale of the motel joined Dominic and Amy Caruso to cut the ribbon on the East Jordan Motel. Left to Right: Mary H. Faculak, Sharon Gardner, Lynda Christensen, Karin Bush, Amy Caruso, Dominic Caruso, Mike Stark, Holly Nierman, Roberta Nemecek and John Hunter. PHOTO COURTESY OF EAST JORDAN AREA CHAMBER OF COMMERCE.

Ribbon Cutting held at East Jordan Motel

The East Jordan Area Chamber of Commerce conducted a Ribbon Cutting to welcome the new owners of the East Jordan Motel. Dominic and Amy Caruso re-

cently purchased this seven room motel located across from Lake Charlevoix at 218 Elizabeth Street in East Jordan.

The Caruso's are proud to

announce that the motel will be open year around to accommodate visitors for all four seasons. Reservations can be made by calling 231-412-2685 or at eastjordanmo-

tel.com and on Expedia. The couple relocated to East Jordan from Grand Rapids and are excited to welcome guests to their motel.

News Briefs

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

BOYNE CITY

OVERCOMING DIFFICULTIES EXPLORED

November 4, 6:30pm, Lifetree Cafe. The program, titled "Bouncing Back: Turning Disasters in to Opportunities," features a screening of the award-winning short film Dancing Outside the Box. The film features Ray Leight, whose near-fatal motorcycle accident left him permanently in a wheelchair. Leight's months of depression turned toward hope when a friend invited him to attend a ballroom dancing class. Participants in the Lifetree program will explore how to overcome the challenges in their lives by applying the principles Leight has learned. Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church. Use the Pine St. entrance.

BOYNE CITY

BOYNE HOUSING SOLUTIONS WORK SESSION

November 7, 1-2:30pm, Boyne City Hall. Work groups that were developed at the October 3rd meeting will present housing solution action steps in the areas of Public/Private Partnerships, Projects, Funding and Zoning. The group is engaged and thoughtful as solutions are explored to add attainable housing in the Boyne area. Everyone interested in solutions to attainable housing in Boyne is welcome to attend.

EAST JORDAN

ALL YOU CAN EAST SOUP, SALAD AND DESSERT SUPPER

November 8, 5-7pm, East Jordan United Methodist Church. The church is located at the corner of 4th and Esterly. A free will donation will be taken to support East Jordan Students in need.

BOYNE CITY

PRE-CHRISTMAS AUCTION & BAKE SALE

November 10, 4pm, Advance Board of Commerce, 984 Advance Road.

BOYNE CITY

FRESHWATER CONCERTS PRESENTS PETER ASHER

November 10. Peter Asher's legendary music career began in 1964 as one-half of the singing duo Peter & Gordon, who amassed nine Top 20 records during their career. Their debut single, "World Without Love" - a song given to them by Paul McCartney - went to number one in over 30 countries. Call (231) 582-2588 to reserve tickets.

BOYNE CITY

MILITARY PERSONNEL HONORED

November 11, 6:30pm, Lifetree Cafe. The program, titled "Saluting Those Who Serve," features a screening of the award-winning short film Memories of the Tuskegee Airmen. The film includes interviews with surviving airmen and shares the story of their struggle, as black Americans, to serve their country as pilots during World War II. Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church. Use the Pine St. entrance.

CHARLEVOIX

CHAMBER BUSINESS AFTER HOURS

November 14, 5-7pm, The

Villager Pub. Networking and appetizers. Free for Chamber members and \$10 for non-members.

BOYNE CITY

BOYNE MEETS BROADWAY

November 16 & 17. Boyne Meets Broadway, the annual dinner theater and musical production by students at Boyne City High School, will be held Friday and Saturday, Nov. 16 & 17. Doors open at 5:30pm., dinner is at 6 and the Broadway Revue starting at 7:30, followed by coffee and dessert. Dinner entertainment will be provided by the high school Jazz Band and dinner by the student hospitality program. Tickets are \$25 each. There are only 300 tickets per evening, so get yours before they sell out. To purchase tickets, contact a cast member, call the BCHS office (231-439-8100), visit CREATE Studios in Boyne or come to the auditorium on Saturdays between 9-1 pm.

BOYNE CITY

EARLIER THAN THE BIRD

November 17, 7-11am. Kick off the season with friends and family, coffee and holiday shopping specials - all while in the comfort of your pajamas. By holding the event the Saturday before Thanksgiving, Boyne City merchants are inviting customers to get an "early bird" preview of all the great holiday shopping available. Merchants will be offering special deals along with refreshments. In addition, those shoppers wearing their pajamas will receive a special gift of the Earlier Than The Bird coffee mug.

BOYNE CITY

THE BIBLE EXPLORED

November 18, 6:30pm, Lifetree Cafe. The Lifetree event, titled "The Bible: Real? Relevant? Reliable?" features a filmed interview with Eugene Peterson, author of the best-selling The Message. "The Bible forms the basis of many of our laws and is constantly quoted," says Lifetree Café representative Craig Cable. "Yet many people wonder about its true authority and if it still matters." Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church. Use the Pine St. entrance.

CHARLEVOIX

8TH ANNUAL MUNSON CHARLEVOIX HOSPITAL 5K TURKEY TROT

November 22, 8:30am, Munson Healthcare Charlevoix Hospital's main campus, 14700 Lake Shore Drive. This event is for both runners and walkers with strollers and leashed, friendly pets also welcome. Wear your turkey hat, turkey costume, or dress like a pilgrim - costumes are encouraged! Donations of non-perishable food items for local food pantries are also encouraged. Register between now and Sunday, November 18th to guarantee your long-sleeved t-shirt - or upgrade to a cozy sweatshirt! Early shirt pick-up will be available on Wednesday, November 21st from 5-7pm at the Wellness Workshop, 411 Bridge Street. Late registration and shirt pick-up begins at 7:30am Thanksgiving morning in the hospital's lower level. Limited extra shirts are available with late registrations on a first served basis.

BOYNE CITY

8TH ANNUAL KIWANIS CLUB TURKEY TROT 5K AND 1-MILE FUN RUN

November 22, 9am, Vet-

erans Park. Packet pick-up will be the day before event from 2-6pm at Stiggs Brewery & Kitchen; enjoy \$2 off a pint! T-shirts are guaranteed if entry form is received by November 15. For further information email boynecitytrot@gmail.com or contact Ruth Skop at 231-881-0945 or Gayle Harbaugh at 231-675-5725. Entrants are asked to bring a nonperishable food item that will be donated to Boyne area food pantries. Register online or pick up a form at the Boyne Area Chamber, Edward Jones, Kilwins of Boyne City, or North Perk Coffee

CHARLEVOIX

HOLIDAY TREE LIGHTING & PARADE

November 23, 3-6pm. Downtown. Join your friends and family at the Holiday Parade & Tree Lighting Celebration in downtown Charlevoix. Includes Black Friday sales, Holiday Craft Activity, Free Photos with Santa, Cookies and Hot Chocolate in East Park.

EAST JORDAN

SHOP SMALL SATURDAY

November 24. Join us in East Jordan for Small Business Saturday. The East Jordan Area Chamber of Commerce will be hosting a Mini Kick-Off Breakfast from 8-10am. 1st 50 Shoppers will receive "Goodie Bags"

BOYNE CITY

OVERCOMING CHILDHOOD PAIN EXPLORED

November 25, 6:30pm, Lifetree Cafe. The program, titled "Overcoming Childhood Pain: Facing Unresolved Family Issues," features a filmed interview with Delisa Mayer, a woman whose family took part in an ill-fated university study during her childhood. The outcome of that study—which introduced a newborn chimpanzee into the family and asked them to raise it as a human child—shaped Mayer's childhood and led to her parents' divorce. During the program participants will discover key steps to help recover from the scars of past experiences. Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church. Use the Pine St. entrance.

EAST JORDAN

DINNER & AUCTION FUNDRAISER FOR DONI VAUGHN

November 28, 4:30-7:30pm, East Jordan Middle School. Doni Vaughn has been diagnosed with Lyme Disease which has brought on paralysis in her limbs. Doni was a 3rd grade teacher at East Jordan Elementary school. She has 3 awesome kids who are active in the EJ community and schools. The event will include a bake sale, 5050 raffle, silent auction, kids raffle and a card raffle. The goal is to raise \$12,000 to pay Doni's mortgage and insurance for one year so that she can afford medications, trial medications, medical equipment, a van with a lift and traveling to and from appointments.

CHARLEVOIX

Holiday Merchant Open House & Hot Cocoa Contest December 1, downtown.

BOYNE CITY

FARMERS MARKET

Boyne City Hall, 319 Lake Street. Market hours are Saturday's, 9 am - Noon through mid April. The Boyne City Indoor Farmers Market will be located in the main lobby

and training room of the City Facilities Building, which is located across the street from the summer market location in Veterans Park. Twenty vendors are confirmed for the indoor market. For more information on the market, visit the Boyne City Farmers Market Facebook page or email farmersmarket@boynecity.com

CHARLEVOIX

FARMERS MARKET

October 11- November 20: Charlevoix Public Library, 220 Clinton St. Thursdays from 3-6pm. The vendors you love will be back for a new season to bring their farm goods to your table. The Charlevoix Farmers Market offers a variety of farmers and specialty vendors. Whether you're in need of organic produce from Providence Farm, SweetTango® apples from Interwater Farms, natural beauty products, or freshly baked goods you can find it at the Market

BOYNE CITY

FALL LEAF PICKUP

City of Boyne City Fall Leaf Pickup will begin on Monday, October 15 through Monday, November 12. Leaves will be picked up on Mondays and Fridays only. Please set bagged leaves curbside any time after the first day of pickup, in biodegradable paper bags. Do not put sticks, sand or stones in bags. City crews will pick up the bags as time allows. If your bags have been out for an extended period of time and have not been collected, please notify City Hall at 582-6597.

BOYNE CITY

KINDER CLOSET

At Christ Lutheran Church is open from 10am to noon on the second Saturday of every month. Free baby items are provided, including diapers; wipes; clothes and more, for any Charlevoix County parent with a newborn to 24 month-old-child. Christ Lutheran Church is located at 1250 Boyne Avenue in Boyne City. For more information, call 231-582-9301.

CHARLEVOIX

WELLNESS WORKSHOPS

Held at Munson Healthcare Charlevoix Hospital Wellness Workshop, 411 Bridge Street. Call (231) 437-3482 for more information.

- Hatha Yoga, every Monday and Friday 7:30-8:30am. The yoga sequences, along with breath work and relaxation techniques will assist in building strength, stamina, flexibility, balance, and increasing body awareness. The use of props, blocks, or blankets make poses easily modified to suit the individual. All levels of fitness are welcome and modifications will be provided as needed. The class is taught by Lisa Hepner is a licensed physical therapist assistant with Munson Healthcare Charlevoix Hospital.

- Wellness Wednesday, every Wednesday from 8am-11am. Health screens include: Total Cholesterol, HDL, TC/HDL Ratio, Glucose Level, Body Mass Index Score, Muscle and Fat Percentages, and a Blood Pressure Reading. No fasting is required. However, if you are fasting and LDL and Triglyceride reading can also be obtained. Cost for the service is \$15. Hemoglobin A1C Levels can also be done for known or borderline diabetics for an additional \$10. Participants will receive all test results at the time of the screening and a "Know Your Numbers" log to

Boyne Falls Public Schools STUDENT OF THE WEEK



Chloe Falls

Grade: Boyne Falls Preschool – Little Loggers

Parent's Name(s): Elliott and Robin Falls

What do you want to be when you grow up?: A firefighter

Favorite Book: What Pet Should I Get? by Dr. Seuss

Hobbies and Interests: Chloe likes to play puzzles and collect eggs from her chicken coop.

School Activities: Chloe enjoys playing with her classmate, Jenna. She also enjoys playing with babies in the dramatic play area.

Staff Comments: Chloe is a pleasure to have in class. She is a friend to everyone. Chloe comes into school every morning with a smile on her face. She loves to help others and knows the classroom routine very well. She is very eager to learn new things and loves new challenges. We were lucky enough to have her in our program last year, and we are happy to have her again this year.

Submitted By: Ms. Monica (Halbert) & Ms. Holly (LaCombe)

track progress. A Registered Nurse will adapt health consultation and educational materials to individual results. Walk-ins only, no appointment required.

- Full Body Toning Exercise Class, every Thursday from 5:30-6:30pm. The first class is free as are all yoga and strength training classes. If you enjoy your first class, low-cost punch cards available and are good for any of our classes. Call (231) 437-3482 for more information or email chxwellness@mhc.net to have our calendar emailed to you monthly.

support services at no cost to survivors of domestic abuse, sexual assault, child abuse, child sexual assault and adults molested when they were children. Support services include crisis counseling, individual counseling, support groups, trauma therapy (EMDR), play therapy for children, safety planning, advocacy and resources/referrals. If you or someone you care about has been a victim of crime, contact the WRCNM's main office at (231) 347-0067.

NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan offers free playgroups for children 0-60 months and their preschool-age siblings. Playgroups help you learn about your child's developmental stages, learn new children's games/activities and share parenting concerns/experiences with other parents and the playgroup facilitator. Playgroups are held in various northern Michigan communities. For current playgroup locations/times, visit www.wrcnm.org or call (231) 347-0067.

BOYNE CITY

BOYNE DISTRICT LIBRARY PROGRAMS

- Toddler Tales & Tunes every Monday at 10am and Preschool Storytime every Tuesday at 10am. Check website for any date changes. No registration is required.

- Yoga with Reb Andrews 9am every Monday, 8 week sessions/\$5 per week

- Tai Chi every Wednesday, 9am beginners class, 10am advanced class, cost is \$5 per session

- The Boyne District Library Book Club meets at 7pm. Information at www.boynelibrary.org.

CHARLEVOIX

Hospice of Northwest Michigan invites you to join our Monthly adult grief, loss & bereavement support group, which takes place the 2nd Sunday of each month from 4-5pm at the First Baptist Church, 6781 M66 North. This program is open to anyone in our community looking for assistance in their grief process and is facilitated by Rev. David Behling. There is no charge to attend. Please feel free to call Hospice at 231-547-7659 to register or for more information.

NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan provides counseling and

Re-Dedication of Atwood Catholic Cemetery

BY TINA SUNDELIUS

Banks Township officials presented and re-dedicated the Atwood Catholic Cemetery located on US 31 just south of Essex Rd. Thursday, honoring the four Civil War veterans and other pioneers of Banks Township who rest there. The cemetery was blessed by His Most Reverend Excellency Steven Raica, Bishop of the Gaylord Diocese and officiated by David Smith of the Sons of the Union Veterans of the Civil War Robert Finch Camp #14 group from Traverse City and assisted by the American Legion Posts from Ellsworth, East Jordan and Central Lake.

The cemetery was established in the mid 1800's and is presently owned by the Diocese of Gaylord. Although Banks Township has taken care of it for many years, it has just recently been noted that several Civil War veterans are buried there instigating a clean-up and restoration project by the township. "When this work was completed it was apparent that we needed to show off this historic cemetery," said Donna Heeres, Banks Township Clerk. The solemn ceremony was an acknowledgment of the lives of the early pioneers that settled the township, many of whom were Civil War veterans.

Speakers included Bishop Raica and past Township Supervisor Dennis Penfold, present Township Supervisor Thomas Mann and Donna Heeres. Jack Fellows of the Grand Traverse Pipes and Drums set the opening tone playing Amazing Grace on the bag pipes and Bugler Ev Wujcik completed the solemn atmosphere prior to a gun salute and after a recitation of the Gettysburg Address by Jim Ribby of the Robert Finch Camp #14.

"The rededication ceremony held today in the At-

wood Catholic Cemetery in Antrim County was a huge achievement. This cemetery, which predates the 1870's holds four Civil War Soldiers, homesteaders, mothers, fathers, children and whole families. We are thankful for all those that came to our aid in making another dedication ceremony great," said Scott Schwander of the Sons of Union Veterans of the Civil War Robert Finch Camp #14.

There are 66 internments on site and the last burial took place in 1944. However, there are only 41 grave markers. With the help of the Robert Finch Camp #14, the Township is researching the history of the cemetery, trying to establish records of those interned there. Most graves are from the mid 1800's when this area was first settled, making it one of the oldest cemeteries in the township.



Bugler Ev Wujcik, completed the solemn atmosphere at a ceremony honoring pioneers of Banks Township.



Jack Fellows of the Grand Traverse Pipes and Drums played Amazing Grace at the ceremony.



Dale Aurand, Past Camp Commander, Camp Secretary, serving as Guard over the headstone of Wolfred LaDue.



David Smith and Commander Theodore Mattis of the Sons of Union Veterans of the Civil War Robert Finch Camp #14.



Banks Township Clerk, Donna Heeres, told the story of how the old cemetery was rediscovered.

TUESDAY – Spin the wheel for a Deal!!!!
WEDNESDAY – 50% off all Clothing
THURSDAY – 10% off anyone 55 or older & all military
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SATURDAY – Fill a bag of clothing for \$5.99

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News

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Ashley Cousens to join Charlevoix County Community Foundation



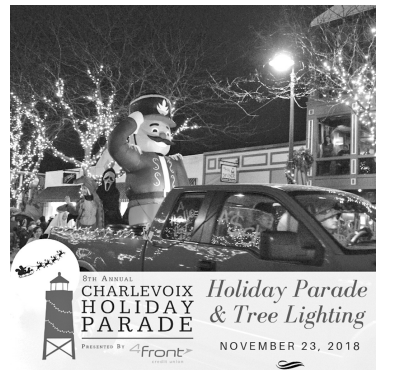
The Charlevoix County Community Foundation is pleased to announce the selection of Ashley Cousens as the organization's new Communications Associate. A 2006 graduate of Plattsburgh State University of New York, Ms. Cousens comes to the Community Foundation from her current position as the Executive Director of the Boyne Area Chamber of Commerce. Ms. Cousens has a wide range of experience in the nonprofit arena, having also served as the Program Director of the Friends of the Jordan River Watershed.

The Charlevoix County Community Foundation is pleased to announce the selection of Ashley Cousens as the organization's new Communications Associate. A 2006 graduate of Plattsburgh State University of New York, Ms. Cousens comes to the Community Foundation from her current position as the Executive Director of the Boyne Area Chamber of Commerce. Ms. Cousens has a wide range of experience in the nonprofit arena, having also served as the Program Director of the Friends of the Jordan River Watershed.

At the Community Foundation, Cousens will coordinate and implement all marketing, communications and public relations activities associated with the Community Foundation's work. "Ashley is a great addition to our staff," said Community Foundation President, Chip Hansen. "She is everything we were looking for; experience, a strong desire to engage in and support the broader community, and more," he said. "She will play a key role as we work to share the Community Foundation's mission and good

work with more people, and in more ways, than ever before." Cousens is excited to get started. "I'm so excited to join the amazing team at the Charlevoix County Community Foundation," she said, adding, "The work they do truly helps so many people and I can't wait to help them spread the word about all of it as their new Communications Associate." Expanding the Community Foundation's communication capacity is a focus of the Board of Trustees, too. "Adding a communications specialist is a key

target in our Strategic Plan," said Board Chair, Jack Poindexter. "This position will help us create an even brighter future, and we're so pleased to be able to attract an individual of Ashley's caliber to the Community Foundation." For more information about grants, establishing a fund, or making a gift, please contact the Charlevoix County Community Foundation at (231) 536-2440, or online at www.c3f.org.



Show your holiday spirit and community cheer by entering Charlevoix's 8th Annual Holiday Parade presented by 4Front Credit Union. COURTESY PHOTO

Registration open for Charlevoix Holiday Parade

Show your holiday spirit and community cheer by entering Charlevoix's 8th Annual Holiday Parade presented by 4Front Credit Union. Area Businesses, Organizations, and Individuals are invited to participate. The parade will be held on Friday, November 23rd beginning at 5:30pm on Bridge Street in downtown Charlevoix.

The parade is a wonderful addition to Charlevoix's annual Community Tree Lighting festivities which run that same day. Tree Lighting activities will take place from 3 to 5pm and include fun holiday crafts at the Charlevoix Circle of Arts, free photos with Santa at Charlevoix State Bank, hot cocoa and cookies in East Park, and of course, the lighting of the Community Christmas Tree for the first time this holiday season at 6pm in East Park. And don't forget about all the great deals and specials being offered by area stores and restaurants throughout the day!

All are invited to join the parade! No entry is too big or too small and there is no charge to participate. Not a business or organization, but still want to take part? Then bring your festive canine companion and join the Canine Costume Parade. Kids can get involved by dressing up and carrying their favorite stuffed animal or doll as part of the Teddy Bear Parade. Or decorate your bike, skateboard or scooter and ride in the bicycle parade. Help us make the Charlevoix Holiday Parade a cherished tradition that will continue for years to come.

Parade registration forms are available at the Chamber office or online at www.charlevoix.org. Contact the Chamber today at 231.547.2101 or info@charlevoix.org further details.

Boyne City Election Sign reminder

It's fall election season again and as the leaves are coming down the signs are going up. Boyne City encourages everyone eligible to vote either on November 6th or by absentee ballot and support the candidates and issues of their choice.

People are reminded that political signs are not allowed on public property such as along the sides of roads or parks. Where there are sidewalks along a road signs are not allowed in the area, grass or otherwise, between the sidewalk and the edge of the road.

Where there are no sidewalks generally assume that signs must be 15 feet back from the edge of the pavement. Keeping signs back of electric or other utility poles is usually a good way to know how close to the street they can be.

Signs on City property or road rights of ways are subject to immediate removal and disposal. If you have any questions or need clarification on where signs can go, please contact the Boyne City Planning Department at 582.6597 or smpherson@boyncity.com.



EJ Lions Club accepting Lighted Christmas Village applications

The East Jordan Lions Club is accepting applications for lighted displays for their annual Lighted Christmas Village at the Tourist Park. The displays are set up at campsites by December 6th, and viewing by car or walk through continues through January 6th. The Tourist Park is open every day, and the displays are lighted from dusk until midnight. Businesses, churches, clubs, families, and school groups are encouraged to participate. There is no cost to set up a display, and electricity is provided by the city. Please send an email to jeffargetsinger@yahoo.com or skpursel@yahoo.com for information or an application. Courtesy photo

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East Jordan State of the Community Luncheon

By Tina Sandelin

EAST JORDAN - East Jordan is heading in the right direction and its future is bright as the members of the community walked away with after hearing four keynote speakers discuss the status of the city, schools, and DDA at East Jordan's State of the Community Luncheon Tuesday, November 11. Harvest Barn hall at 28 East Jordan members of the community listened intently to Mayor Russell Peck whose speech focused on the challenges and infrastructure improvements that still lie ahead for the city. "All in all things are looking up, we're heading in the right direction. Together we will position our community for a resilient and sustainable future. Indeed, East Jordan's future is bright," he concluded.

Peck not only talked about all that the city has accomplished but emphasized the infrastructure update now underway. "We are very optimistic about the future of our community and that optimism comes from the exciting new direction we have been heading," he said. He cited the city's sewer system that is already operating at 98% capacity, sidewalks, and new buildings to be installed at the southeast side of the harbor next to the bridge. Harbor construction is beginning in December on projects that will further enable the city to grow. He mentioned the new well house (opened 247, recycling center and the 812,000 kayak facility in the park like an art project. "We are developing the kind of community we have envisioned for future generations. There is a positive up beat energy," he said.

DDA Chairman Tom Yoda, Entrepreneur Director with the Northern Lakes Area, East Jordan Mayor Russell Peck, and 11 school Superintendent Matt Peterson addressed an audience of community leaders at the third annual State of the Community Luncheon Tuesday, November 11. "East Jordan's future is bright," said Peck.

Boyne Area Community Christmas

That no child in the Boyne area is without a Christmas!

Over the last 60 years your generous donations ensured thousands of Boyne area children had a merry Christmas.

With the holiday season approaching we, the volunteers of Boyne Area Community Christmas, are greatly appreciative and can be in the form of non-perishable food items, new unwrapped toys, games or donate monetarily. Please check your donations to the Boyne Area Community Christmas and send them to 215 Robinson Street #115, Boyne City, MI 49712. All donations can be dropped off at the Boyne City Education Center by using the Pine Street entrance. We will be accepting donations from November 18 until December 18, 2014.

If you need any additional information, please contact Ruth Wilson at (231) 582-3322 or (231) 736-2782. If you would like to submit the name of a child in need, please contact Nancy Hoerner at (231) 582-7246.

SPORTS

BOYNE CITY 47 NEGAUNEE 0

District Champs!

Boyne City's Luke Sage (2) follows an opening for another big gain. Sage finished with 63 yards on nine carries and a touchdown. Full story in Sports. (PHOTO BY CINDA SHAWBARD)

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News

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



Small improvements, big rewards

"Kaizen" is a Japanese word that means "improvement" or "good change" and it's also the name of a philosophy that's focused on making small changes that boost performance from top to bottom in business (Toyota follows it) and in your personal well-being.

But can kaizen apply to brain health too?

Well, researchers at the University of California and the University of Tsukuba in Japan wanted to see if they could measure immediate improvements in the brain from small, positive steps. In their study, published in the Proceedings of the National Academy of Sciences, they had 36 young, healthy adults do 10 minutes of yoga or tai chi. Afterward, the participants had a brain MRI scan.

That small amount of physical activity created measurable changes in that part of the brain involved in laying down memories (the hippocampus) and in another that handles detailed memory processing. A memory recall test also found that participants had improved memory performance.

That's good news if you're one of the 77 percent of American adults who don't meet minimum guidelines for aerobic and strength-building activities. It shows that you can build up your activity level by making one good — small — change at a time and still reap immediate improvements in your brain health, as well as upping your chances of getting a good night's sleep and managing stress.

Start with 10 minutes of yoga or walking daily. You'll become sharper, smarter and a whole lot less stiff! Then set your sights on increasing the time to 30 to 60 minutes a day, one step at a time.

Sexual assault, harassment and lasting health repercussions

When Yellowstone Park's Ear Spring geyser started erupting in September 2018, for the first time since 1957, it spewed hundreds of pieces of detritus, including old beer cans, a pacifier from the 1930s and dozens of coins, into the air. Goes to show you, once again, that even when you don't see pollution in the environment, it can be lurking below the surface, waiting to spread its damage far and wide.

The same can be said for the long-term repercussions of sexual assault, according to a new study in JAMA Internal Medicine. Researchers looked at the history and health of 300 middle-aged women who had (sometimes decades earlier) been sexually assaulted. They found that it was clearly associated with present-day anxiety, depression and poor sleep. Those who had suffered sexual harassment at work had an increased risk of high blood pressure and poor sleep.

Many women carry the burden of their assault in silence. According to the Centers for Disease Control and Prevention, 63 percent of sexual assaults are not reported to the police. And many women may not be aware that there's a connection between their past experience and their current health.

So if you have been assaulted, tell someone — a therapist, a loved one, a friend, someone in a support group. You deserve to have your physical health protected from assault too! For help and support, go to www.RAINN.org or call the National Sexual Assault Hotline at 800-656-HOPE.

Processed meats substantially up

breast cancer risk

We refer to processed meats in all kinds of negative sayings: You're ham-fisted (bumbling and awkward); you're full of baloney (you don't know what you're talking about); and our favorite, from Shakespeare's "Henry IV," bacon-fed knaves (referring to "those slovenly, bacon-fed men who feed their faces till near bursting ...").

But many women don't seem to understand how negative it is to eat those nitrates and nitrate-laden, saturated, artificially preserved concoctions. In 2015, Americans spent at least \$3.35 BILLION on luncheon/processed meats, including hot dogs, ham, sausages, corned beef, jerky and meat-based sauces transformed through salting, curing, fermentation, smoking or other processes to preserve or enhance flavor.

Manufacturers are really bringing home the bacon, and it's at your expense!

The latest study confirms that we've been talking turkey (and other lean, whole proteins) about the dangers of processed meats. The International Journal of Cancer published an analysis of 15 studies and found that women eating processed meat up their risk of breast cancer by 9 percent.

That's on top of a 2015 study in the European Journal of Cancer that found that eating 9 grams (around 3 ounces) or more a day of processed meats, or the equivalent of about two sausages a week, boosts your risk of breast cancer significantly. In fact, it was found to also increase the risk 9 percent for those who consumed the most processed meats compared with those eating the least. So, no belly-achin' about not eating bacon; ditch processed meats and go for lean proteins, like fish and skinless poultry.

Beware exploding e-cigarettes

In the 2007-2013 series "Burn Notice," Michael Westen (Jeffrey Donovan) was a freelance spy who took assignments that U.S. government agencies couldn't openly sanction. The plot centered around a lot of explosive action, when Michael found himself the target of a 'burn notice,' but had to keep working smokin' hot cases while dodging attempts to take him out.

Well, there's another kind of burn notice that's the result of explosive actions, and it's been pretty covert until recently — e-cigarette explosions.

Turns out that between 2015 and 2017, an estimated 2,035 cases of injuries (loss of eyes and teeth), burns and even one death, caused by e-cigarette battery explosions, showed up in U.S. hospitals. That's 40 times more incidences of e-cigarette-related injuries than were reported by the Food and Drug Administration and 15 times more than reported by the U.S. Fire Administration.

The researchers at George Mason University who sleuthed out the new info compared cross-sectional data from the U.S. Consumer Product Safety Commission and the National Electronic Injury Surveillance System. They want people to know that the FDA has had the authority to regulate e-cigarettes, including e-cigarette batteries, since 2016, but the agency's Center for Tobacco Products hasn't acted on it.

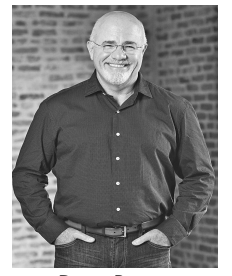
So here's your burn notice, e-cigarette smokers: Since the FDA doesn't seem likely to regulate the safety of your e-cigarettes and the CPSC can do it only through an act of Congress (not likely either), it's up to you to protect yourself. Give up vaping before you're the recipient of a real-life burn notice — or worse.

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit www.sharecare.com.

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DAVE Says



Dave Ramsey

(Strained relationship over borrowed money?)

Dear Dave,
I borrowed some money from my parents in January, and it took a few months longer to pay them back than originally planned. Since then, I've noticed our relationship seems to be strained. They will sometimes make remarks about money when I'm around, and it's obvious the things they say are aimed at me. I don't want things to be like this between us during the holidays. I have taken steps to become more financially responsible, like watching my spending and living on a budget, so how can I address this issue with them?
Robbie

Dear Robbie,
I'm sorry you're going through this, but I hope everyone has learned a valuable lesson. It's okay to give money sometimes, as long as you're not enabling irresponsible behavior in the process. But loaning money to or borrowing from friends and relatives will often lead to bruised feelings.
If you paid them back, especially if it took longer

than expected or agreed upon, there's not much you can do if they choose to hold a grudge. With some folks, it just takes a little while for those kinds of things to heal. And considering it's your parents, my guess is they'll become more and more forgiving with time.

Until then, maybe you could look for opportunities during conversations with them to mention your new approach to finances. Something as simple as referring your budget, or getting excited about how much you were able to put into savings from your last paycheck, might get their attention. A few subtle hints that you're actively working to gain control of your finances might go a long way with your parents.

If they realize you're starting to handle your money more wisely, I'll bet you'd start to notice a real difference in their attitudes!
—Dave

* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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LETTERS TO THE EDITOR

Letters may be submitted by e-mail to office@CharlevoixCountyNews.com.

To the Editor,

IMPOLITE ARROGANT WOMAN

Not Susan Collins. That's a defensive front, pretense at hardline stance; the feign is obvious in the quaver and quiver in her voice. She's a LSOS. The IAW we now see is an outgrowth of past generations and way back to Helen of Troy, Joan of Arc, yea, Mother Mary/Theresa, but mostly for our purposes the 1970s Liberated Woman and now the #Me Too Movement. This happens, as noted by social researchers and commentators, post-male chauvinist fiascos such as the Clarence Thomas heist or in the 70s an outgrowth of the anti-war let-it-all-hang-out attitude of the 60s.

John Kelly spoke those titular words, Kelly the US General who works for Donald Trump. This is tradition we're dealing with here and we're all part of it. In the 1950s chauvinism was taken for granted, male and female alike; it was the way of life and not just here in America, all around the world. Gloria Steinem and others created the breach, the tiny hole in that dike. As we know, the levies of New Orleans, when once overburdened, can never hold back the waters again but only patch and pray for clement weather. This is how the conservative mindset is approaching the surging tide, some subversion, some bribery, some

propaganda, lots of outright lying, and even some brazen admitting of intents and purposes to those constituents who are in accord with the fading legacies they are bewildered about. To those the troops speak and - with Trump now in decadent discredited perigee nadir, supporters, who are in actuality minions of myrmidons under directive of the scheming coalition of business, banking and bureaucracy, lobbyists parading out front, Supreme Court hiding behind - Trumpian blather is heard in emulation but not convincingly enough to drown out the re-stringed vocal cords of the Impolite Arrogant Woman.

Wonder Woman, with her emissaries of African-American, Hispanic, Oriental, Middle-Eastern, and Caucasian, male and female protagonists march on to victory despite inexorable drives to thwart the vote. Crucially there is no referee to step up to determine fairness in the altercation because the former position has been usurped by the invader under guise of mediator. Even small-town voting procedures are under attack for sake of stilted majority. This leads to the obvious though overlooked conundrum: why is there nobody to sensibly intercede? The similarly obvious answer is as indicated: those who are able to regulate unconstitutional disorder are those who are

perpetuating it. Hence it is unavoidable to broach the trenchant dagger that aims right to the heart of the matter: the US constitution.

Few having actually read the brief document, it is misconstrued far more than literally applied. The fault lies therein because of its interpretive nature left malleable enough to allow for changes that the writers knew would come. Unscrupulous followers eroded the document at times and others rectified the vilifications, but now the constitutionally adversarial are back at it in unscrupulous force as they have been for the past fifty years, only now coming into full light due to gained foothold that is seen as opportunity, opportunism by the rest. And the rest are now gaining in numbers as the true intentions of subversion become more apparent.

Into all this come women. Yes, the day has finally come. We of the fifties and sixties and onward have either gone with the flow or resisted it, male and female alike, though admittedly mostly a male chauvinistic population has called the tune throughout. Males have had to learn. Many have. Many have not. Male Chauvinism has been discredited. Trump supporters have been discredited. Elements of the constitution have been discredited. Banking, business

and bureaucracy, all writ large, have been discredited. The military has been discredited. The American economy has been downgraded to a flickering candle in the hurricane. What is left? Not much. The bare bones of culture remain like the blown-out structures post wind and water that many still struggle to repair and replace in futility. Women are more empathetic than men. The old guard is dying off, mostly male but remnants of female who have grown into the manipulative nature of utilizing the offset to advantage. There is a discernible desperation in the ranks of conservatism now, mostly effigy of Republican though not entirely.

Up through the weeds and shambles rise the new people with the help of some of the old. Certainly there are missteps made, there always are. Mistakenly come the criticisms of weakness in approach, as if chutzpah is the only way of engagement. Heartfelt deliberation is unbeatable. This is often anathema to a Wild West culture that likes action-packed adventure. Youth is vibrant, exuberant. Women have caught the motion naysayers only add unto, unwittingly promoting.

Mitchell Jon MacKay, East Jordan

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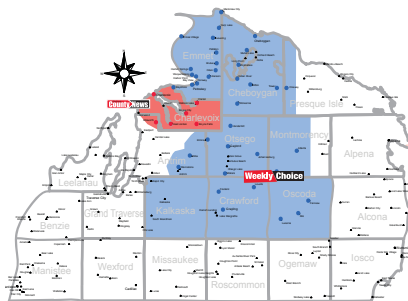
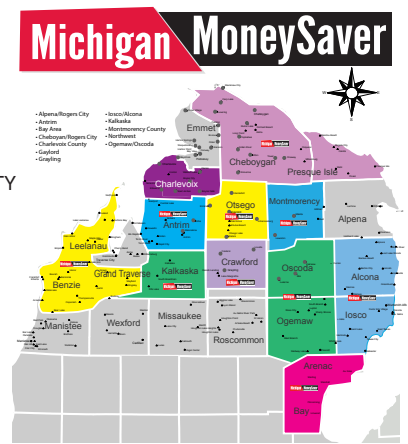
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